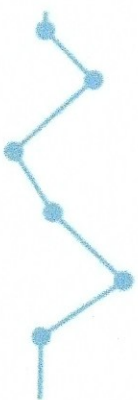


# Find Your Reading Rate



Find out how many pages you can read in 10 minutes by timing yourself.

Have some extra time this week? Stretch yourself and read an additional 30 or 60 minutes per week.

★ Remember that your reading rate is personalized to you *and* the book you're reading. Calculate a new reading rate each time you start a book.

X pages  
10 min

X

120 min  
1 week

=

# pages  
week

## Finished your book?

Record your book online.

Write a reflection for this week (if you haven't already), and . . .

Start reading another book!

Use this number to estimate how long it should take you to finish your book. For ex, if your reading rate is 150 pgs/wk and your book is 400 pages long, then it should take you between 2-3 weeks to finish your book.



Don't forget to think about how you will grow and challenge yourself as a reader. Pick a reading challenge to tackle.